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Education Information

Doctorate, Bolu Abant İzzet Baysal University, Graduate School Of Educational Sciences, Antrenörlük Eğitimi (Dr), Turkey 2007 - 2011

Postgraduate, Bolu Abant İzzet Baysal University, Graduate School Of Educational Sciences, Antrenörlük Eğitimi (YI) (Tezli), Turkey 2005 - 2007

Undergraduate, Bolu Abant İzzet Baysal University, School Of Physical Education And Sports, Turkey 2001 - 2005

Dissertations

Doctorate, Obezlerde, aerobik egzersiz sırasında alınan farklı sıvıların, iştahı düzenleyen hormonlar üzerine etkisi, Bolu Abant İzzet Baysal University, Sağlık Bilimleri Enstitüsü, Antrenörlük Eğitimi (Dr), 2011

Postgraduate, 2006-2007 sezonunda Turkcell Süper Ligi'xxnde oynanan maçlarda kullanılan köşe vuruşlarının bilgisayarlı maç analizi, Bolu Abant İzzet Baysal University, Sağlık Bilimleri Enstitüsü, Antrenörlük Eğitimi (YI) (Tezli), 2007

Research Areas

Sport Physiology, Sports Sciences and Technology, Coaching, Sports Health Sciences

Academic Titles / Tasks

Associate Professor, Bilecik Seyh Edebali University, Sağlık Bilimleri Fakültesi, Çocuk Gelişimi, 2019 - Continues

Assistant Professor, Bilecik Seyh Edebali University, Sağlık Bilimleri Fakültesi, Hemşirelik, 2014 - 2019

Instructor, Bilecik Seyh Edebali University, Rektörlük, -, 2009 - 2014

Academic and Administrative Experience

Bilecik Seyh Edebali University, 2022 - Continues

Bilecik Seyh Edebali University, 2014 - 2020

Bilecik Seyh Edebali University, 2017 - 2019

Bilecik Seyh Edebali University, 2016 - 2018

Courses

Çocuk ve Spor, Undergraduate, 2020 - 2021

Çocuk Animatörlüğü, Undergraduate, 2020 - 2021

Herkes İçin Spor, Undergraduate, 2020 - 2021, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016, 2014 - 2015

Sağlıklı Yaşam ve Egzersiz, Associate Degree, 2020 - 2021

Beden Eğitimi ve Spor, Undergraduate, 2020 - 2021, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016, 2014 - 2015

Çocuk ve Oyun, Undergraduate, 2020 - 2021

Beden Eğitimi ve Vücut Geliştirme 1, Associate Degree, 2020 - 2021, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016

Özel Eğitim Uygulaması, Undergraduate, 2020 - 2021

Beden Eğitimi ve Vücut Geliştirme 2, Associate Degree, 2020 - 2021, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016

FUTBOL 2, Undergraduate, 2017 - 2018, 2016 - 2017

EGZERSİZ VE SPOR FİZYOLOJİSİ, Postgraduate, 2017 - 2018, 2016 - 2017

Uzmanlık Alan Dersi, Postgraduate, 2017 - 2018

Yüksek Lisans Tez Çalışması, Postgraduate, 2017 - 2018

FUTBOL 1, Undergraduate, 2017 - 2018, 2016 - 2017

Sportif Performans ve Genetik, Postgraduate, 2016 - 2017

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **The effect of high-intensity plyometric training on anaerobic performance parameters: a pilot study in U17 elite A league**
Söyler M., ZİLELİ R., Çingöz Y. E., Kılınçarslan G., Kayantaş İ., Altuğ T., Asan S., Şahin M., GÜRKAN A. C.
PeerJ, vol.12, 2024 (SCI-Expanded)
- II. **The Distinguishing Factor in Soccer Players is Aerobic Performance, not the ACTN3 Gene El Factor Distintivo en los Jugadores de Fútbol es el Rendimiento Aeróbico y no el gen ACTN3**
ZİLELİ R., Söyler M., DİKER G., Özkamçı H., Bayraktaroglu S., Sever M. O., CAN İ., Ön S., Aslan B. T., ULUCAN K., et al.
International Journal of Morphology, vol.41, no.5, pp.1564-1569, 2023 (SCI-Expanded)
- III. **The Relationship among the performance and the ACE I/D and ACTN3 R577X polymorphisms and some anthropometric factors in arm wrestlers**
ZİLELİ R., Eroğlu O., Nalbant M. A., Ulucan K.
Cellular and Molecular Biology, vol.69, no.5, pp.1-5, 2023 (SCI-Expanded)
- IV. **The Relationship between the Hamstring-to-Quadriceps Ratio and Jumping and Sprinting Abilities of Young Male Soccer Players**
DİKER G., Struzik A., Ön S., ZİLELİ R.
International Journal of Environmental Research and Public Health, vol.19, no.12, 2022 (SCI-Expanded)
- V. **Kinect-based integrated physiotherapy mentor application for shoulder damage**
Çubukçu B., Yüzgeç U., Zileli A., Zileli R.
Future Generation Computer Systems, vol.122, pp.105-116, 2021 (SCI-Expanded)
- VI. **The evaluation of rs1805086 and rs1805065 polymorphisms in mstn gene and anthropometric properties of national and amateur arm wrestlers Evaluación de los polimorfismos rs1805086 y rs1805065 en el gen mstn y las propiedades antropométricas de los luchadores de brazo nacionales y amateurs**
Usaç G., EROĞLU O., ZİLELİ R.
International Journal of Morphology, vol.38, no.4, pp.1148-1154, 2020 (SCI-Expanded)
- VII. **Reliability and validity analyzes of Kinect V2 based measurement system for shoulder motions**

ÇUBUKÇU B., YÜZGEÇ U., ZİLELİ R., Zileli A.

Medical Engineering and Physics, vol.76, pp.20-31, 2020 (SCI-Expanded)

VIII. **Prevalence of alpha actinin-3 gene (ACTN3) R577X and angiotensin converting enzyme (ACE) insertion/deletion gene polymorphisms in national and amateur Turkish athletes**

EROĞLU O., ZİLELİ R., Ali Nalbant M., ULUCAN K.

Cellular and Molecular Biology, vol.64, no.5, pp.24-28, 2018 (SCI-Expanded)

IX. **Anthropological and perceptual predictors affecting the ranking in arm wrestling competition**
Predictores antropológicos y perceptuales que afectan la clasificación en la competencia de fuerza

Akpınar S., ZİLELİ R., ŞENYÜZLÜ E., Tunca S. A.

International Journal of Morphology, vol.31, no.3, pp.832-838, 2013 (SCI-Expanded)

Articles Published in Other Journals

I. **Which Polymorphism Is The Distinguishing Factor For Fitness Athletes: The Ace Indel or Actn3 rs1815739?**

Eroğlu O., Zileli R., Nalbant M. A., Polat T., Yılmaz Ö. Ö., Aslan B. T., Ulucan K.

Journal of Basic and Clinical Health Sciences, vol.8, no.2, pp.319-326, 2024 (ESCI)

II. **Examination of the Relationships Between Jumping, Sprint, Dribbling and Agility in U10 Soccer League Players**

ZİLELİ R.

Gümüşhane Üniversitesi Sağlık Bilimleri Dergisi, vol.13, no.1, pp.433-440, 2024 (Peer-Reviewed Journal)

III. **Determination of COL1A1 rs1800012 Polymorphism Related to Ligament and Tendon Injury in Turkish Professional Bodybuilders: Experimental Research**

Yılmaz Ö. Ö., Polat T., Tacal aslan B., Yüksel İ., Göçücü K., zileli r., Ulucan K.

Türkiye Klinikleri Spor Bilimleri Dergisi, vol.16, no.1, pp.1-6, 2024 (Peer-Reviewed Journal)

IV. **Effects of different doses of branched-chain amino acid supplementation on recovery following acute eccentric exercise**

VATANSEVER Ş., PANCAR S., ZİLELİ R., ŞAHİN Ş., Birinci Y. Z., TOPÇU H.

Turkish Journal of Kinesiology, vol.9, no.4, pp.272-279, 2023 (Peer-Reviewed Journal)

V. **Sporda Beslenme ile Nutrigenetik ve Nutrigenomik İlişkisinin İncelenmesi**

KAHYA S., DİKER G., ZİLELİ R.

Gümüşhane Üniversitesi Sağlık Bilimleri Dergisi, vol.12, no.4, pp.1987-1996, 2023 (Peer-Reviewed Journal)

VI. **Sports performance in 10-year-old children participating in multi-skills movement program: a pilot study**

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Turkish Journal of Kinesiology, vol.9, no.3, pp.204-213, 2023 (Peer-Reviewed Journal)

VII. **Anthropometric characteristics are highly correlated with anaerobic power in male handball and soccer players.**

KARADENİZLİ Z. İ., ÖZKAMÇI H., ZİLELİ R.

ROL Sport Sci, vol.4, no.2, pp.746-760, 2023 (Peer-Reviewed Journal)

VIII. **Investigation Of Relationships Between Isokinetic Leg Strength, Sprint And Agility Performance İn Elite Academy League Players**

SÖYLER M., ZİLELİ R., DİKER G.

The Online Journal of Recreation and Sport, vol.12, no.2, pp.176-191, 2023 (Peer-Reviewed Journal)

IX. **Are Change of Direction and Small-Sided Game Practises Distinctive Factors in Regional Amateur League Football Players?**

SÖYLER M., ZİLELİ R.

REVISTA BRASILEIRA DE FUTSAL E FUTEBOL, vol.14, no.59, pp.461-474, 2022 (ESCI)

X. **A Comparison of Left and Right Leg Static Balance Parameters in Young Handball Players**

ÖZKAMÇI H., KARADENİZLİ Z. İ., ZİLELİ R.

JOURNAL OF BASIC AND CLINICAL HEALTH SCIENCES, vol.6, no.2, pp.365-373, 2022 (Peer-Reviewed Journal)

- XI. **The Effect of Crossfit Cindy Model on Anthropometric and Physiological Characteristics in Sedentary Women**
SÖYLER M., ZİLELİ R.
JOURNAL OF BASIC AND CLINICAL HEALTH SCIENCES, vol.6, no.2, pp.597-607, 2022 (Peer-Reviewed Journal)
- XII. **Bölgesel Amatör Futbol Ligi Oyuncularında Reaksiyon, Dikey Sıçrama, Sürat ve Çabukluk Arasındaki İlişki**
ZİLELİ R., SÖYLER M.
GSI Journals Serie A: Advancements in Tourism Recreation and Sports Sciences, vol.5, no.2, pp.124-133, 2022 (Peer-Reviewed Journal)
- XIII. **Analysis of corner kicks in FIFA 2018 World Cup**
ZİLELİ R., SÖYLER M.
JOURNAL OF HUMAN SPORT AND EXERCISE, vol.17, no.1, pp.156-166, 2022 (ESCI)
- XIV. **Factors involved in football success: an educational experience**
DİKER G., ZİLELİ R., ÖZKAMÇI H., ÖN S.
APUNTES UNIVERSITARIOS, vol.12, no.1, pp.436-446, 2022 (ESCI)
- XV. **Seasonal change of aerobic performance of young soccer players**
DİKER G., ZİLELİ R., ÖZKAMÇI H., ÖN S.
Pensar en Movimiento: Revista de Ciencias del Ejercicio y la Salud, vol.19, no.1, pp.1-17, 2021 (Peer-Reviewed Journal)
- XVI. **Investigation of Some Performance Parameters of Professional Football Players According to Game Regions**
ÖZKAMÇI H., ZİLELİ R., DİKER G., SÖYLER M., BAYRAKDAROĞLU S.
PAKISTAN JOURNAL OF MEDICAL AND HEALTH SCIENCES, vol.15, no.5, pp.1699-1702, 2021 (ESCI)
- XVII. **Analysis of Some Field Activities that Constitute Success or Failure in Football**
ÖZKAMÇI H., ZİLELİ R., DİKER G., ÖN S., GÖKALP M.
AMBIENT SCIENCE, vol.8, no.1, pp.34-39, 2021 (ESCI)
- XVIII. **Comparing Ball Throwing Velocity, Anaerobic Power And Some Antropometric Characteristics Of Team Handball Female Players According To Playing Position**
ÖZKAMÇI H., KARADENİZLİ Z. İ., ZİLELİ R.
PAKISTAN JOURNAL OF MEDICAL AND HEALTH SCIENCES, vol.15, no.2, pp.853-858, 2021 (ESCI)
- XIX. **Comparison of Isokinetic Leg Peak Torque, Hamstring/Quadriceps Ratio and Strength Asymmetry of Male Volleyball Players with Similar Age and Different Years of Training.**
ÖN S., DİKER G., ÖZKAMÇI H., ZİLELİ R.
PAKISTAN JOURNAL OF MEDICAL AND HEALTH SCIENCES, vol.15, no.2, pp.859-863, 2021 (ESCI)
- XX. **Regional analysis of the shots in the football matches played in the 2018 FIFA World Cup and Their Effect on Success**
Söyler M., ZİLELİ R.
Pakistan Journal of Medical and Health Sciences, vol.15, no.2, pp.646-651, 2021 (ESCI)
- XXI. **The examination of the relationship between sprint and vertical jump in soccer players.**
ZİLELİ R., SÖYLER M.
Manas Journal of Social Studies, vol.10, no.1, pp.485-491, 2021 (Peer-Reviewed Journal)
- XXII. **Analysis of the Relationship Between Change of Drection Ability, Speed and Power in Adolescence**
DİKER G., ZİLELİ R., ÖZKAMÇI H., ÖN S.
REVISTA BRASILEIRA DE FUTSAL E FUTEBOL, vol.13, no.56, pp.760-767, 2021 (ESCI)
- XXIII. **Examination of Visual and Audial Reaction Periods of National Team Football Players in terms of Gender Variance**
SÖYLER M., ZİLELİ R.
JOURNAL OF TURKISH STUDIES, vol.15, no.8, pp.3703-3709, 2020 (Peer-Reviewed Journal)
- XXIV. **An Investigation of University Students' Changes Occurred in Some Body Composition Measurements in Two Years**

- ZİLELİ R., SÖYLER M.
Manas Journal of Social Studies, vol.9, no.4, pp.2568-2576, 2020 (Peer-Reviewed Journal)
- XXV. **Effect of the Energy Drink "Red Bull" on the Amateur Football Players' Aerobic and Anaerobic Performances**
ZİLELİ R., ŞEMŞEK Ö., BALDIRLIOĞLU A., TUNÇELİ B., İP E.
JOURNAL OF EDUCATION AND TRAINING STUDIES, vol.7, no.3, pp.167-171, 2019 (Peer-Reviewed Journal)
- XXVI. **Futbol Ve Tenis Oyuncularının Bazı Fiziksel ve Motorik Özelliklerinin Karşılaştırılması.**
DİKER G., ZİLELİ R., ÖZKAMÇI H., ÖN S.
İnönü Üniversitesi, Beden Eğitimi ve Spor Bilimleri Dergisi, vol.5, no.2, pp.16-24, 2018 (Peer-Reviewed Journal)
- XXVII. **The Examination of Some Physical and Biomotor Parameters During the European Championship Preparation Camp of Turkey National Junior Women Boxing Team**
ZİLELİ R., SÖYLER M.
JOURNAL OF EDUCATION AND TRAINING STUDIES, vol.6, no.9, pp.102-107, 2018 (Peer-Reviewed Journal)
- XXVIII. **A Study About the Effect of 12 Week Aerobic Exercises on Certain Physical Fitness Parameters on Obese Housewives Living in Çankırı**
ZİLELİ R., SÖYLER M.
JOURNAL OF EDUCATION AND TRAINING STUDIES, vol.6, no.8, pp.165-170, 2018 (Peer-Reviewed Journal)
- XXIX. **ELİT FUTBOLCULARDA FARKLI TEST PROTOKOLLERİ İLE MAKSİMUM KALP ATIM HIZI DEĞERLERİNİN İNCELENMESİ**
ÖZKAMÇI H., DİKER G., ZİLELİ R.
Spor ve Performans Araştırmaları Dergisi, vol.9, no.2, pp.127-135, 2018 (Peer-Reviewed Journal)
- XXX. **2016-2017 Turkcell Süper Liginde Oynanan Maçlarda Kullanılan Köşe Vuruşlarının Maç Analizi**
ZİLELİ R., SÖYLER M., GENÇ A.
İnönü Üniversitesi, Beden Eğitimi ve Spor Bilimleri Dergisi, vol.4, no.3, pp.48-58, 2017 (Peer-Reviewed Journal)
- XXXI. **The Impact of Wrist Width and Palm Width to Competition Performance in Professional Female Arm Wrestlers**
ZİLELİ R., DİKER G., ÖZKAMÇI H.
Ovidius University Annals, Series Physical Education and Sport/Science, Movement and Health, vol.17, no.2, pp.559-565, 2017 (Peer-Reviewed Journal)
- XXXII. **The Effect of Walking Exercise on Physical Fitness Parameters in Obese Women**
ZİLELİ R., ŞEMŞEK Ö., ÖZKAMÇI H., DİKER G.
Atatürk Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, vol.19, no.2, pp.7-17, 2017 (Peer-Reviewed Journal)
- XXXIII. **Genç Tenis Oyuncularının Bazı Fizyolojik ve Biyomotor Özelliklerinin Değerlendirilmesi**
DİKER G., ÖN S., ÖZKAMÇI H., ZİLELİ R.
INTERNATIONAL JOURNAL OF SPORT, EXERCISE AND TRAINING SCIENCES, vol.3, no.1, pp.25-32, 2017 (Peer-Reviewed Journal)
- XXXIV. **GENE DOPING IN SPORTS**
ZİLELİ R., EROĞLU O., ÖZKAMÇI H.
INTERNATIONAL REFEREED JOURNAL OF ORTHOPAEDICS TRAUMATOLOGY AND SPORTS MEDICINE, vol.6, no.6, pp.27-51, 2016 (Peer-Reviewed Journal)
- XXXV. **Üniversite Öğrencilerinde Beslenme Alışkanlıkları İle Obezite Görülme Sıklığı**
ZİLELİ R., CUMHUR Ö., ÖZKAMÇI H., DİKER G.
Bilinçli Sağlıklı Yaşam Dergisi, no.12, pp.549-562, 2016 (Peer-Reviewed Journal)
- XXXVI. **Bilecik İlinde Yaşayan Kadınlarda Spora Katılım Obezite Prevalansı ve Risk Faktörleri**
ZİLELİ R., ŞEMŞEK Ö., ÖZKAMÇI H., DİKER G.
Marmara Üniversitesi Spor Bilimleri Dergisi, vol.1, no.1, pp.83-96, 2016 (Peer-Reviewed Journal)
- XXXVII. **THE EFFECT OF GENETIC FACTORS ON SPORTIVE PERFORMANCE**
EROĞLU O., ZİLELİ R.
INTERNATIONAL JOURNAL OF SPORT, EXERCISE AND TRAINING SCIENCES, vol.1, no.1, pp.63-76, 2015 (Peer-Reviewed Journal)
- XXXVIII. **The Correlation Between Strength And Anthropometric Characteristics In Arm Wrestling Athletes**

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ZİLELİ R., VATANSEVER Ş., ÖZEN G., ŞENYÜZLÜ E.

The Online Journal of Recreation and Sport, vol.1, no.4, pp.11-14, 2012 (Peer-Reviewed Journal)

XXXIX. Predictors Affecting the Ranking in Women Armwrestling Competition

AKPINAR S., ZİLELİ R., ŞENYÜZLÜ E., TUNCA S. A.

MONTENEGRIN JOURNAL OF SPORTS SCIENCE AND MEDICINE, vol.1, no.1, pp.11-14, 2012 (Peer-Reviewed Journal)

Books & Book Chapters

- I. FUTBOLDA GELENEKSEL VE GÜNCEL KUVVET ANTRENMAN YÖNTEMLERİ**
ZİLELİ R., DİKER G.
in: Spor Bilimleri Alanında akademik Araştırma ve Derlemeler, Doç. Dr. Mehmet DALKILIÇ, Editor, Platanus Publishing, pp.23-39, 2023
- II. Dayanıklılıkta Aerobik Anaerobik Süreçler ve Uygulanan Testler**
ÖZKAMÇI H., ZİLELİ R.
in: Spor Bilimlerinde Teori ve Araştırmalar 2,, Özgür KARATAŞ, Editor, Gece Kitaplığı, Ankara, pp.125-135, 2020
- III. Seasonal Aerobic and Anaerobic Performance Changes of Football Players**
ZİLELİ R., SÖYLER M.
in: Sport Science 1, Zeynep Filiz DİNÇ, Editor, Akademisyen Kitabevi A.Ş., Ankara, pp.87-95, 2019
- IV. The Examination of Some Physical and Biomotor Parameters of Turkey National Women Boxing Team During the World Championship Preparation Camp**
ZİLELİ R., SÖYLER M.
in: Sport Science 1, Zeynep Filiz DİNÇ, Editor, Akademisyen Kitabevi A.Ş., Ankara, pp.77-86, 2019
- V. Futbolda Yüksek Şiddetli Aralıklı Antrenmanlar**
DİKER G., ZİLELİ R.
in: Spor Bilimleri Alanında Araştırma ve Değerlendirmeler, Özgür KARATAŞ, Mehmet ILKIM, Mustafa ALTINKÖK, Editor, Gece Kitaplığı, Ankara, pp.291-298, 2019
- VI. Obezlerde, Aerobik Egzersiz Sırasında Alınan Farklı Sıvıların, İştahı Düzenleyen Hormonlar Üzerine Etkisi.**
ZİLELİ R.
Gazi Kitabevi, Ankara, 2018

Refereed Congress / Symposium Publications in Proceedings

- I. Ergenlerde Algılanan Helikopter Ebeveyn Tutumlarının Çeşitli Değişkenler Açısından İncelenmesi**
AKPINAR DOĞAN E., KAHRAMAN Ü., ZİLELİ R., HALMATOV M., MUMCU T., BAYRAM A.
XI. International Eurasian Educational Research Congress (EJER), Kocaeli, Turkey, 21 - 24 May 2024
- II. Çocuk Gelişimi Bölümü Öğrencilerinin Psikolojik Dayanıklılık ve İş Bulma Kaygı Düzeyleri Arasındaki İlişki**
BAYRAM A., KAHRAMAN Ü., ZİLELİ R., HALMATOV M., MUMCU T., AKPINAR DOĞAN E.
Uluslararası Avrasya Eğitim Araştırmaları Kongresi (International Eurasian Educational Research Congress) (EJER), Kocaeli, Turkey, 21 - 24 May 2024
- III. Bilecik'te Oynanan Geleneksel Oyunlar**
Zileli R., Kahraman Ü., Halmatov M., Mumcu T., Akpınar Doğan E., Bayram A.
6TH INTERNATIONAL "ARTEMIS" CONGRESS ON HEALTH AND SPORT SCIENCES, İzmir, Turkey, 17 - 19 January 2024, pp.187-192
- IV. Traditional Games Played in Bilecik Province**
ZİLELİ R., HALMATOV M., KAHRAMAN Ü., MUMCU T., AKPINAR DOĞAN E., BAYRAM A.

6. International "Artemis" Health and Sports Sciences Congress, İzmir, Turkey, 17 - 19 January 2024
- V. **Türkiye'de Yapılan Erken Çocukluk Eğitimi Çalışmalarının Bibliyografik Analizi**
Kahraman Ü., Halmatov M., Zileli R., Mumcu T., Bayram A., Akpınar Doğan E.
Uluslararası V. Çocuk Gelişimi Kongresi, Ankara, Turkey, 15 - 17 November 2023
- VI. **Is Aerobic Endurance Associated with Anaerobic Power in Soccer Players?**
ZİLELİ R., DİKER G.
5. International "Artemis" Health and Sports Sciences Congress., İzmir, Turkey, 01 September 2023 - 03 September 2023
- VII. **The Relationship between Sprint and Anaerobic Performance in Elite 19 A League Football Players.**
SÖYLER M., ZİLELİ R.
5. International "Artemis" Health and Sports Sciences Congress., İzmir, Turkey, 1 - 03 September 2023
- VIII. **DİSTRİBÜTİON OF MCT-1 T1470A (RS1049434) POLYMORPHİSM İN FİTNESS ATHLETES**
EROĞLU O., YÜKSEL İ., ZİLELİ R., KAPICI S., SERCAN C., ULUCAN K.
16th International Sport Sciences Congress, 31 October - 03 November 2018
- IX. **Examination of the Relationship among Yo-Yo, Sprint Speed and Vertical Jump Parameters of Young Elite Soccer Players.**
ZİLELİ R.
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- X. **Seasonal Aerobic and Anaerobic Performance Changes in Soccer Players.**
SÖYLER M., ZİLELİ R.
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- XI. **The Examination of Some Physical and Biomotor Parameters During the World Championship Preparation Camp of Turkey National Women Boxing Team**
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16th International Sport Sciences Congress., Antalya, Turkey, 31 October - 03 November 2018
- XII. **A Kinect 2 Based Telerehabilitation Method for Shoulder Rehabilitation Exercises**
ÇUBUKÇU B., YÜZGEÇ U., ZİLELİ R., Zileli A.
International Conference on Advanced Technologies, Computer Engineering and Science (ICATCES'18), 11 - 13 May 2018, pp.53-56
- XIII. **Web Platform Design for Telerehabilitation of Shoulder Rehabilitation Exercises.**
ÇUBUKÇU B., YÜZGEÇ U., ZİLELİ R., ZİLELİ A.
International Congress on Life Sciences, Kastamonu, Turkey, 26 - 29 April 2018, pp.229
- XIV. **Web Platform Design for Telerehabilitation of Shoulder Rehabilitation Exercises**
ÇUBUKÇU B., YÜZGEÇ U., ZİLELİ R., Zileli A.
International Congress on Engineering and Life Sciences (ICELIS'18), 26 - 29 April 2018
- XV. **Examination of Some Physical and Biomotor Parameters of Star Women Boxing National Team during the European Championship Preparation Camp**
ZİLELİ R., SÖYLER M.
International Congress of Sports for All and Wellness., Antalya, Turkey, 5 - 08 April 2018, pp.286
- XVI. **The Assessment of ACTN3 Gene among Amateur Fitness Athletes in terms of Prevalence**
ZİLELİ R., EROĞLU O., VATANSEVER Ş., NALBANT A.
XV. Uluslararası Spor Bilimleri Kongresi, 15 - 18 November 2017
- XVII. **A Study on the Effect of Aerobic Exercises during 12 Weeks on Certain Physical Fitness Parameters of Obese Housewives Living in Çankırı**
GENÇ A., SÖYLER M., ZİLELİ R.
15 th International Sport Sciences Congress, Antalya, Turkey, 15 - 18 November 2017, pp.673-674
- XVIII. **The Distribution of ACE (I / D) and ACTN-3 R577X Polymorphisms in Long Distance Athletes**
NALBANT A., ZİLELİ R., EROĞLU O.
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