

Assoc. Prof. RAİF ZİLELİ

Personal Information

Office Phone: [+90 228 214 1622](tel:+902282141622)

Email: raif.zileli@bilecik.edu.tr

Web: <https://avesis.bilecik.edu.tr/raif.zileli>

International Researcher IDs

ScholarID: wCWY0QQAAAAJ

ORCID: 0000-0003-4178-5468

Publons / Web Of Science ResearcherID: EIS-4976-2022

ScopusID: 57210620262

Yoksis Researcher ID: 48441

Education Information

Doctorate, Bolu Abant İzzet Baysal University, Graduate School Of Educational Sciences, Antrenörlük Eğitimi (Dr), Turkey 2007 - 2011

Postgraduate, Bolu Abant İzzet Baysal University, Graduate School Of Educational Sciences, Antrenörlük Eğitimi (YI) (Tezli), Turkey 2005 - 2007

Undergraduate, Bolu Abant İzzet Baysal University, School Of Physical Education And Sports, Turkey 2001 - 2005

Dissertations

Doctorate, Obezlerde, aerobik egzersiz sırasında alınan farklı sıvıların, iştahı düzenleyen hormonlar üzerine etkisi, Bolu Abant İzzet Baysal University, Sağlık Bilimleri Enstitüsü, Antrenörlük Eğitimi (Dr), 2011

Postgraduate, 2006-2007 sezonunda Turkcell Süper Ligi'nde oynanan maçlarda kullanılan köşe vuruşlarının bilgisayarlı maç analizi, Bolu Abant İzzet Baysal University, Sağlık Bilimleri Enstitüsü, Antrenörlük Eğitimi (YI) (Tezli), 2007

Research Areas

Sport Physiology, Sports Sciences and Technology, Coaching, Sports Health Sciences

Academic Titles / Tasks

Associate Professor, Bilecik Seyh Edebali University, Sağlık Bilimleri Fakültesi, Çocuk Gelişimi, 2019 - Continues

Assistant Professor, Bilecik Seyh Edebali University, Sağlık Bilimleri Fakültesi, Hemşirelik, 2014 - 2019

Instructor, Bilecik Seyh Edebali University, Rektörlük, -, 2009 - 2014

Academic and Administrative Experience

Bilecik Seyh Edebali University, 2022 - Continues

Bilecik Seyh Edebali University, 2014 - 2020

Bilecik Seyh Edebali University, 2017 - 2019

Bilecik Seyh Edebali University, 2016 - 2018

Courses

Çocuk ve Spor, Undergraduate, 2020 - 2021

Çocuk Animatörlüğü, Undergraduate, 2020 - 2021

Herkes İçin Spor, Undergraduate, 2020 - 2021, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016, 2014 - 2015

Sağlıklı Yaşam ve Egzersiz, Associate Degree, 2020 - 2021

Beden Eğitimi ve Spor, Undergraduate, 2020 - 2021, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016, 2014 - 2015

Çocuk ve Oyun, Undergraduate, 2020 - 2021

Beden Eğitimi ve Vücut Geliştirme 1, Associate Degree, 2020 - 2021, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016

Özel Eğitim Uygulaması, Undergraduate, 2020 - 2021

Beden Eğitimi ve Vücut Geliştirme 2, Associate Degree, 2020 - 2021, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016

FUTBOL 2, Undergraduate, 2017 - 2018, 2016 - 2017

EGZERSİZ VE SPOR FİZYOLOJİSİ, Postgraduate, 2017 - 2018, 2016 - 2017

Uzmanlık Alan Dersi, Postgraduate, 2017 - 2018

Yüksek Lisans Tez Çalışması, Postgraduate, 2017 - 2018

FUTBOL 1, Undergraduate, 2017 - 2018, 2016 - 2017

Sporif Performans ve Genetik, Postgraduate, 2016 - 2017

Published journal articles indexed by SCI, SSCI, and AHCI

I. The effect of high-intensity plyometric training on anaerobic performance parameters: a pilot study in U17 elite A league

Söyler M., ZİLELİ R., Çingöz Y. E., Kılınçarslan G., Kayantaş İ., Altuğ T., Asan S., Şahin M., GÜRKAN A. C.
PeerJ, vol.12, 2024 (SCI-Expanded)

II. The Relationship among the performance and the ACE I/D and ACTN3 R577X polymorphisms and some anthropometric factors in arm wrestlers

ZİLELİ R., Eroğlu O., Nalbant M. A., Ulucan K.
Cellular and Molecular Biology, vol.69, no.5, pp.1-5, 2023 (SCI-Expanded)

III. The Distinguishing Factor in Soccer Players is Aerobic Performance, not the ACTN3 Gene El Factor Distintivo en los Jugadores de Fútbol es el Rendimiento Aeróbico y no el gen ACTN3

ZİLELİ R., Söyler M., DİKER G., Özkanç H., Bayrakdaroglu S., Sever M. O., CAN İ., Ön S., Aslan B. T., ULUCAN K., et al.
International Journal of Morphology, vol.41, no.5, pp.1564-1569, 2023 (SCI-Expanded)

IV. The Relationship between the Hamstring-to-Quadriceps Ratio and Jumping and Sprinting Abilities of Young Male Soccer Players

DİKER G., Struzik A., Ön S., ZİLELİ R.
International Journal of Environmental Research and Public Health, vol.19, no.12, 2022 (SCI-Expanded)

V. Kinect-based integrated physiotherapy mentor application for shoulder damage

Çubukçu B., Yüzgeç U., Zileli A., Zileli R.
Future Generation Computer Systems, vol.122, pp.105-116, 2021 (SCI-Expanded)

VI. The evaluation of rs1805086 and rs1805065 polymorphisms in mstn gene and anthropometric properties of national and amateur arm wrestlers Evaluación de los polimorfismos rs1805086 y rs1805065 en el gen mstn y las propiedades antropométricas de los luchadores de brazo nacionales y amateurs

Usaç G., EROĞLU O., ZİLELİ R.
International Journal of Morphology, vol.38, no.4, pp.1148-1154, 2020 (SCI-Expanded)

VII. Reliability and validity analyzes of Kinect V2 based measurement system for shoulder motions

- ÇUBUKÇU B., YÜZGEÇ U., ZİLELİ R., Zileli A.
Medical Engineering and Physics, vol.76, pp.20-31, 2020 (SCI-Expanded)
- VIII. **Prevalence of alpha actinin-3 gene (ACTN3) R577X and angiotensin converting enzyme (ACE) insertion/deletion gene polymorphisms in national and amateur Turkish athletes**
EROĞLU O., ZİLELİ R., Ali Nalbant M., ULUCAN K.
Cellular and Molecular Biology, vol.64, no.5, pp.24-28, 2018 (SCI-Expanded)
- IX. **Anthropological and perceptual predictors affecting the ranking in arm wrestling competition Predictores antropológicos y perceptuales que afectan la clasificación en la competencia de fuerza**
Akpinar S., ZİLELİ R., ŞENYÜZLÜ E., Tunca S. A.
International Journal of Morphology, vol.31, no.3, pp.832-838, 2013 (SCI-Expanded)

Articles Published in Other Journals

- I. **Effects of different doses of branched-chain amino acid supplementation on recovery following acute eccentric exercise**
VATANSEVER Ş., PANCAR S., ZİLELİ R., ŞAHİN Ş., Birinci Y. Z., TOPÇU H.
Turkish Journal of Kinesiology, vol.9, no.4, pp.272-279, 2023 (Peer-Reviewed Journal)
- II. **Sporda Beslenme ile Nutrigenetik ve Nutrigenomik İlişkisinin İncelenmesi**
KAHYA S., DİKER G., ZİLELİ R.
Gümüşhane Üniversitesi Sağlık Bilimleri Dergisi, vol.12, no.4, pp.1987-1996, 2023 (Peer-Reviewed Journal)
- III. **Sports performance in 10-year-old children participating in multi-skills movement program: a pilot study**
söyler m., zileli r.
Turkish Journal of Kinesiology, vol.9, no.3, pp.204-213, 2023 (Peer-Reviewed Journal)
- IV. **Anthropometric characteristics are highly correlated with anaerobic power in male handball and soccer players.**
KARADENİZLİ Z. İ., ÖZKAMÇI H., ZİLELİ R.
ROL Sport Sci., vol.4, no.2, pp.746-760, 2023 (Peer-Reviewed Journal)
- V. **Investigation Of Relationships Between Isokinetic Leg Strength, Sprint And Agility Performance In Elite Academy League Players**
SÖYLER M., ZİLELİ R., DİKER G.
The Online Journal of Recreation and Sport, vol.12, no.2, pp.176-191, 2023 (Peer-Reviewed Journal)
- VI. **Are Change of Direction and Small-Sided Game Practises Distinctive Factors in Regional Amateur League Football Players?**
SÖYLER M., ZİLELİ R.
REVISTA BRASILEIRA DE FUTSAL E FUTEBOL, vol.14, no.59, pp.461-474, 2022 (ESCI)
- VII. **The Effect of Crossfit Cindy Model on Anthropometric and Physiological Characteristics in Sedentary Women**
SÖYLER M., ZİLELİ R.
JOURNAL OF BASIC AND CLINICAL HEALTH SCIENCES, vol.6, no.2, pp.597-607, 2022 (Peer-Reviewed Journal)
- VIII. **A Comparison of Left and Right Leg Static Balance Parameters in Young Handball Players**
ÖZKAMÇI H., KARADENİZLİ Z. İ., ZİLELİ R.
JOURNAL OF BASIC AND CLINICAL HEALTH SCIENCES, vol.6, no.2, pp.365-373, 2022 (Peer-Reviewed Journal)
- IX. **Bölgesel Amatör Futbol Ligi Oyuncularında Reaksiyon, Dikey Sıçrama, Sürat ve Çabukluk Arasındaki İlişki**
ZİLELİ R., SÖYLER M.
GSI Journals Serie A: Advancements in Tourism Recreation and Sports Sciences, vol.5, no.2, pp.124-133, 2022 (Peer-Reviewed Journal)
- X. **Analysis of corner kicks in FIFA 2018 World Cup**
ZİLELİ R., SÖYLER M.

- JOURNAL OF HUMAN SPORT AND EXERCISE, vol.17, no.1, pp.156-166, 2022 (ESCI)
- XI. Factors involved in football success: an educational experience
DİKER G., ZİLELİ R., ÖZKAMÇI H., ÖN S.
APUNTES UNIVERSITARIOS, vol.12, no.1, pp.436-446, 2022 (ESCI)
- XII. Seasonal change of aerobic performance of young soccer players
DİKER G., ZİLELİ R., ÖZKAMÇI H., ÖN S.
Pensar en Movimiento: Revista de Ciencias del Ejercicio y la Salud, vol.19, no.1, pp.1-17, 2021 (Peer-Reviewed Journal)
- XIII. Investigation of Some Performance Parameters of Professional Football Players According to Game Regions
ÖZKAMÇI H., ZİLELİ R., DİKER G., SÖYLER M., BAYRAKDAROĞLU S.
PAKISTAN JOURNAL OF MEDICAL AND HEALTH SCIENCES, vol.15, no.5, pp.1699-1702, 2021 (ESCI)
- XIV. Analysis of Some Field Activities that Constitute Success or Failure in Football
ÖZKAMÇI H., ZİLELİ R., DİKER G., ÖN S., GÖKALP M.
AMBIENT SCIENCE, vol.8, no.1, pp.34-39, 2021 (ESCI)
- XV. Comparing Ball Throwing Velocity, Anaerobic Power And Some Anthropometric Characteristics Of Team Handball Female Players According To Playing Position
ÖZKAMÇI H., KARADENİZLİ Z. İ., ZİLELİ R.
PAKISTAN JOURNAL OF MEDICAL AND HEALTH SCIENCES, vol.15, no.2, pp.853-858, 2021 (ESCI)
- XVI. Regional analysis of the shots in the football matches played in the 2018 FIFA World Cup and Their Effect on Success
Söyler M., ZİLELİ R.
Pakistan Journal of Medical and Health Sciences, vol.15, no.2, pp.646-651, 2021 (ESCI)
- XVII. Comparison of Isokinetic Leg Peak Torque, Hamstring/Quadricep Ratio and Strength Asymmetry of Male Volleyball Players with Similar Age and Different Years of Training.
ÖN S., DİKER G., ÖZKAMÇI H., ZİLELİ R.
PAKISTAN JOURNAL OF MEDICAL AND HEALTH SCIENCES, vol.15, no.2, pp.859-863, 2021 (ESCI)
- XVIII. The examination of the relationship between sprint and vertical jump in soccer players.
ZİLELİ R., SÖYLER M.
Manas Journal of Social Studies, vol.10, no.1, pp.485-491, 2021 (Peer-Reviewed Journal)
- XIX. Analysis of the Relationship Between Change of Direction Ability, Speed and Power in Adolescence
DİKER G., ZİLELİ R., ÖZKAMÇI H., ÖN S.
REVISTA BRASILEIRA DE FUTSAL E FUTEBOL, vol.13, no.56, pp.760-767, 2021 (ESCI)
- XX. Examination of Visual and Audial Reaction Periods of National Team Football Players in terms of Gender Variance
SÖYLER M., ZİLELİ R.
JOURNAL OF TURKISH STUDIES, vol.15, no.8, pp.3703-3709, 2020 (Peer-Reviewed Journal)
- XXI. An Investigation of University Students' Changes Occurred in Some Body Composition Measurements in Two Years
ZİLELİ R., SÖYLER M.
Manas Journal of Social Studies, vol.9, no.4, pp.2568-2576, 2020 (Peer-Reviewed Journal)
- XXII. Effect of the Energy Drink "Red Bull" on the Amateur Football Players' Aerobic and Anaerobic Performances
ZİLELİ R., ŞEMŞEK Ö., BALDIRLIOĞLU A., TUNÇELİ B., İP E.
JOURNAL OF EDUCATION AND TRAINING STUDIES, vol.7, no.3, pp.167-171, 2019 (Peer-Reviewed Journal)
- XXIII. Futbol Ve Tenis Oyuncularının Bazı Fiziksel ve Motorik Özelliklerinin Karşılaştırılması.
DİKER G., ZİLELİ R., ÖZKAMÇI H., ÖN S.
İnönü Üniversitesi, Beden Eğitimi ve Spor Bilimleri Dergisi, vol.5, no.2, pp.16-24, 2018 (Peer-Reviewed Journal)
- XXIV. The Examination of Some Physical and Biomotor Parameters During the European Championship Preparation Camp of Turkey National Junior Women Boxing Team
ZİLELİ R., SÖYLER M.

- JOURNAL OF EDUCATION AND TRAINING STUDIES, vol.6, no.9, pp.102-107, 2018 (Peer-Reviewed Journal)
- XXV. A Study About the Effect of 12 Week Aerobic Exercises on Certain Physical Fitness Parameters on Obese Housewives Living in Çankırı
ZİLELİ R., SÖYLER M.
JOURNAL OF EDUCATION AND TRAINING STUDIES, vol.6, no.8, pp.165-170, 2018 (Peer-Reviewed Journal)
- XXVI. ELİT FUTBOLCULARDA FARKLI TEST PROTOKOLLERİ İLE MAKİMUM KALP ATIM HİZİ DEĞERLERİNİN İNCELENMESİ
ÖZKAMÇI H., DİKER G., ZİLELİ R.
Spor ve Performans Araştırmaları Dergisi, vol.9, no.2, pp.127-135, 2018 (Peer-Reviewed Journal)
- XXVII. 2016-2017 Turkcell Süper Liginde Oynanan Maçlarda Kullanılan Köşe Vuruşlarının Maç Analizi
ZİLELİ R., SÖYLER M., GENÇ A.
İnönü Üniversitesi, Beden Eğitimi ve Spor Bilimleri Dergisi, vol.4, no.3, pp.48-58, 2017 (Peer-Reviewed Journal)
- XXVIII. The Impact of Wrist Width and Palm Width to Competition Performance in Professional Female Arm Wrestlers
ZİLELİ R., DİKER G., ÖZKAMÇI H.
Ovidius University Annals, Series Physical Education and Sport/Science, Movement and Health, vol.17, no.2, pp.559-565, 2017 (Peer-Reviewed Journal)
- XXIX. The Effect of Walking Exercise on Physical Fitness Parameters in Obese Women
ZİLELİ R., ŞEMŞEK Ö., ÖZKAMÇI H., DİKER G.
Atatürk Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, vol.19, no.2, pp.7-17, 2017 (Peer-Reviewed Journal)
- XXX. Genç Tenis Oyuncularının Bazı Fizyolojik ve Biyomotor Özelliklerinin Değerlendirilmesi
DİKER G., ÖN S., ÖZKAMÇI H., ZİLELİ R.
INTERNATIONAL JOURNAL OF SPORT, EXERCISE AND TRAINING SCIENCES, vol.3, no.1, pp.25-32, 2017 (Peer-Reviewed Journal)
- XXXI. GENE DOPING IN SPORTS
ZİLELİ R., EROĞLU O., ÖZKAMÇI H.
INTERNATIONAL REFEREED JOURNAL OF ORTHOPAEDICS TRAUMATOLOGY AND SPORTS MEDICINE, vol.6, no.6, pp.27-51, 2016 (Peer-Reviewed Journal)
- XXXII. Bilecik İlinde Yaşayan Kadınlarda Spora Katılım Obezite Prevalansı ve Risk Faktörleri
ZİLELİ R., ŞEMŞEK Ö., ÖZKAMÇI H., DİKER G.
Marmara Üniversitesi Spor Bilimleri Dergisi, vol.1, no.1, pp.83-96, 2016 (Peer-Reviewed Journal)
- XXXIII. Üniversite Öğrencilerinde Beslenme Alışkanlıkları İle Obezite Görülmeye Sıklığı
ZİLELİ R., CUMHUR Ö., ÖZKAMÇI H., DİKER G.
Bilinçli Sağlıklı Yaşam Dergisi, no.12, pp.549-562, 2016 (Peer-Reviewed Journal)
- XXXIV. THE EFFECT OF GENETIC FACTORS ON SPORTIVE PERFORMANCE
EROĞLU O., ZİLELİ R.
INTERNATIONAL JOURNAL OF SPORT, EXERCISE AND TRAINING SCIENCES, vol.1, no.1, pp.63-76, 2015 (Peer-Reviewed Journal)
- XXXV. The Correlation Between Strength And Anthropometric Characteristics In Arm Wrestling Athletes With Performance
ZİLELİ R., VATANSEVER Ş., ÖZEN G., ŞENYÜZLÜ E.
The Online Journal of Recreation and Sport, vol.1, no.4, pp.11-14, 2012 (Peer-Reviewed Journal)
- XXXVI. Predictors Affecting the Ranking in Women Armwrestling Competition
AKPINAR S., ZİLELİ R., ŞENYÜZLÜ E., TUNCA S. A.
MONTENEGRIN JOURNAL OF SPORTS SCIENCE AND MEDICINE, vol.1, no.1, pp.11-14, 2012 (Peer-Reviewed Journal)

Books & Book Chapters

I. FUTBOLDA GELENEKSEL VE GÜNCEL KUVVET ANTRENMAN YÖNTEMLERİ

- ZİLELİ R., DİKER G.
in: Spor Bilimleri Alanında akademik Araştırma ve Derlemeler, Doç. Dr. Mehmet DALKILIÇ, Editor, Platanus Publishing, pp.23-39, 2023
- II. **Dayanıklılıkta Aerobik Anaerobik Süreçler ve Uygulanan Testler**
ÖZKAMÇI H., ZİLELİ R.
in: Spor Bilimlerinde Teori ve Araştırmalar 2., Özgür KARATAŞ, Editor, Gece Kitaplığı, Ankara, pp.125-135, 2020
- III. **Seasonal Aerobic and Anaerobic Performance Changes of Football Players**
ZİLELİ R., SÖYLER M.
in: Sport Science 1, Zeynep Filiz DİNÇ, Editor, Akademisyen Kitabevi A.Ş., Ankara, pp.87-95, 2019
- IV. **The Examination of Some Physical and Biomotor Parameters of Turkey National Women Boxing Team During the World Championship Preparation Camp**
ZİLELİ R., SÖYLER M.
in: Sport Science 1, Zeynep Filiz DİNÇ, Editor, Akademisyen Kitabevi A.Ş., Ankara, pp.77-86, 2019
- V. **Futbolda Yüksek Şiddetli Aralıklı Antrenmanlar**
DİKER G., ZİLELİ R.
in: Spor Bilimleri Alanında Araştırma ve Değerlendirmeler, Özgür KARATAŞ, Mehmet ILKIM, Mustafa ALTINKÖK, Editor, Gece Kitaplığı, Ankara, pp.291-298, 2019
- VI. **Obezlerde, Aerobik Egzersiz Sırasında Alınan Farklı Sıvıların, İştahı Düzenleyen Hormonlar Üzerine Etkisi.**
ZİLELİ R.
Gazi Kitabevi, Ankara, 2018

Refereed Congress / Symposium Publications in Proceedings

- I. **Bilecik'te Oynanan Geleneksel Oyunlar**
Zileli R., Kahraman Ü., Halmatov M., Mumcu T., Akpınar Doğan E., Bayram A.
6TH INTERNATIONAL "ARTEMIS" CONGRESS ON HEALTH AND SPORT SCIENCES, İzmir, Turkey, 17 - 19 January 2024, pp.187-192
- II. **Türkiye'de Yapılan Erken Çocukluk Eğitimi Çalışmalarının Bibliyografik Analizi**
Kahraman Ü., Halmatov M., Zileli R., Mumcu T., Bayram A., Akpınar Doğan E.
Uluslararası V. Çocuk Gelişimi Kongresi, Ankara, Turkey, 15 - 17 November 2023
- III. **Is Aerobic Endurance Associated with Anaerobic Power in Soccer Players?**
ZİLELİ R., DİKER G.
5. International "Artemis" Health and Sports Sciences Congress., İzmir, Turkey, 01 September 2023 - 03 September 0203
- IV. **The Relationship between Sprint and Anaerobic Performance in Elite 19 A League Football Players.**
SÖYLER M., ZİLELİ R.
5. International "Artemis" Health and Sports Sciences Congress., İzmir, Turkey, 1 - 03 September 2023
- V. **The Examination of Some Physical and Biomotor Parameters During the World Championship Preparation Camp of Turkey National Women Boxing Team**
ZİLELİ R., SÖYLER M.
16th International Sport Sciences Congress., Antalya, Turkey, 31 October - 03 November 2018
- VI. **Seasonal Aerobic and Anaerobic Performance Changes in Soccer Players.**
SÖYLER M., ZİLELİ R.
16th International Sport Sciences Congress., Antalya, Turkey, 31 October - 03 November 2018, pp.169
- VII. **Examination of the Relationship among Yo-Yo, Sprint Speed and Vertical Jump Parameters of Young Elite Soccer Players.**
ZİLELİ R.
16th International Sport Sciences Congress, Antalya, Turkey, 31 October - 03 November 2018
- VIII. **DISTRIBUTION OF MCT-1 T1470A (RS1049434) POLYMORPHISM IN FITNESS ATHLETES**

- EROĞLU O., YÜKSEL İ., ZİLELİ R., KAPICI S., SERCAN C., ULUCAN K.
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- IX. **A Kinect 2 Based Telerehabilitation Method for Shoulder Rehabilitation Exercises**
ÇUBUKÇU B., YÜZGEÇ U., ZİLELİ R., Zileli A.
International Conference on Advanced Technologies, Computer Engineering and Science (ICATCES'18), 11 - 13 May 2018, pp.53-56
- X. **Web Platform Design for Telerehabilitation of Shoulder Rehabilitation Exercises**
ÇUBUKÇU B., YÜZGEÇ U., ZİLELİ R., Zileli A.
International Congress on Engineering and Life Sciences (ICELIS'18), 26 - 29 April 2018
- XI. **Web Platform Design for Telerehabilitation of Shoulder Rehabilitation Exercises.**
ÇUBUKÇU B., YÜZGEÇ U., ZİLELİ R., ZİLELİ A.
International Congress on Life Sciences, Kastamonu, Turkey, 26 - 29 April 2018, pp.229
- XII. **Examination of Some Physical and Biomotor Parameters of Star Women Boxing National Team during the European Championship Preparation Camp**
ZİLELİ R., SÖYLER M.
International Congress of Sports for All and Wellness., Antalya, Turkey, 5 - 08 April 2018, pp.286
- XIII. **Computer Aided Match Analysis of Corner Kicks Used in Turkcell Super League in the Games Played in 2016-2017**
ZİLELİ R., SÖYLER M.
15th International Sport Sciences Congress, Antalya, Turkey, 15 - 18 November 2017
- XIV. **A Study on the Effect of Aerobic Exercises during 12 Weeks on Certain Physical Fitness Parameters of Obese Housewives Living in Çankırı**
GENÇ A., SÖYLER M., ZİLELİ R.
15 th International Sport Sciences Congress, Antalya, Turkey, 15 - 18 November 2017, pp.673-674
- XV. **The Assessment of ACTN3 Gene among Amateur Fitness Athletes in terms of Prevelance**
ZİLELİ R., EROĞLU O., VATANSEVER Ş., NALBANT A.
XV. Uluslararası Spor Bilimleri Kongresi, 15 - 18 November 2017
- XVI. **The Distribution of ACE (I / D) and ACTN-3 R577X Polymorphisms in Long Distance Athletes**
NALBANT A., ZİLELİ R., EROĞLU O.
XV. Uluslararası Spor Bilimleri Kongresi, 15 - 18 November 2017
- XVII. **The Relationship Between Change of Direction, Speed and Endurance Performances in Soccer Players**
DİKER G., ÖZKAMÇI H., ZİLELİ R., ÖN S.
15th International Sport Sciences Congress, Antalya, Turkey, 15 - 17 November 2017
- XVIII. **Türk Bilek Güreşçilerde ACE Geninin Sportif Performans Açılarından Değerlendirilmesi**
ZİLELİ R., EROĞLU O., VATANSEVER Ş., Nalbant M. A., DİKER G., ÖZKAMÇI H.
The International Balkan Conference in Sport Sciences, 21 - 23 May 2017
- XIX. **Sprinterlerde ACE (I/D) ve ACTN-3 R577X Polimorfizmlerinin Performansla İlişkisi**
Nalbant M. A., ZİLELİ R., EROĞLU O.
The International Balkan Conference in Sport Sciences, 21 - 23 May 2017
- XX. **Relationship Between ACE (I / D) and ACTN-3 R577X Polymorphisms and Sportive Performance in Middle-Distance Athletes**
NALBANT M. A., ZİLELİ R., EROĞLU O.
4th International Sport Sciences, Tourism and Recreation Congress of Students, 21 - 23 April 2017
- XXI. **Prevalence of ACE Gene in Amateur Fitness Athletes**
ZİLELİ R., EROĞLU O., VATANSEVER Ş., NALBANT A., USAÇ G.
4th International Sport Sciences, Tourism and Recreation Congress of Students, 21 - 23 April 2017
- XXII. **The Assessment of ACTN3 Gene among Turkish Arm Wrestlers in terms of Sportive Performance**
ZİLELİ R., EROĞLU O., ÖZKAMÇI H., DİKER G., NALBANT A., KAYA H., ÇELEN M., VATANSEVER Ş.
14th International Sport Sciences Congress, Antalya, Turkey, 1 - 04 November 2016
- XXIII. **The Relationship Between Aerobic and Anaerobic Performans of Body Composition in Young Soccer**

Players

DİKER G., ZİLELİ R., ÖZGÜL F., ÖZKAMÇI H.

14th International Sports Sciences Congress, Antalya, Turkey, 1 - 04 November 2016

XXIV. Neşeli Günler

ZİLELİ R.

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